



Penicuik Community
First Responders



Scottish Ambulance Service & Penicuik Community First Responders

Annual AGM 24th April 2026



Scottish Ambulance Service
FIRST RESPONDERS





Agenda for the Penicuik Community First Responders Meetings 24th April 2026

AGM

- | | |
|---|-------------------------------|
| 1. Welcome | Mark Halliday, Chairperson |
| 2. Attendance and Apologies | Mark Halliday, Chairperson |
| 3. Minutes of last AGM | Mark Halliday, Chairperson |
| 4. Chairperson's Report | Mark Halliday, Chairperson |
| 5. Coordinator's Report | Yvonne Mitchell, Coordinator |
| 6. Treasurer's Report | Fiona Hall, Treasurer |
| 7. Conclusion of the current management committee | Mark Halliday, Chairperson |
| 8. Formation of the new management committee | Maureen Sanford, Beeslack CHS |
| 9. AOCB | |
| 10. Closing the AGM | New committee Chairperson |



Agenda for the Penicuik Community First Responders Meeting

3. Minutes of last AGM

Mark Halliday, Chairperson



Minutes of the 2025 EGM



Minutes of the Penicuik Community First Responders Extra Ordinary Meeting

Friday 09 May 2025 7pm

Meeting started – 19.01

AGM

1. Welcome Mark Halliday, Chairperson
Mark welcomed everyone to the meeting.
2. Attendance – Mark Halliday, Yvonne Mitchell, Fiona Hall, Pam Quin, Bill Lawson, Sheena Harper, Douglas Wilson, Sandy Wann
3. Apologies – Sam Grieve, Laura Cameron, Bryan Finlay, Alan
4. Revision to the Constitution of 21 June 2021 Fiona Hall, Treasurer
Fiona explained that OSCR required certain changes to be made to the constitution regarding the aims of the group. Fiona forwarded the proposed changes to them and they have been approved.
A change was also proposed to 6.6 adding at the end of the first sentence 'or any other interested individual.'
5. Adoption of the Constitution of 09 May 2025 – unanimously approved.

Meeting closed – 19.11



Minutes of the 2025 AGM



Minutes of the Penicuik Community First Responders Annual General Meeting

Friday 09 May 2025 at 7.15pm

Meeting started – 19.19

AGM

1. Welcome Mark Halliday, Chairperson
Mark welcomed everyone to the meeting
2. Attendance – Mark Halliday, Yvonne Mitchell, Fiona Hall, Pam Quin, Bill Lawson, Sheena Harper, Douglas Wilson, Sandy Wann, Maureen Sandford (BCHS)
3. Apologies – Sam Grieve, Laura Cameron, Bryan Finlay, Alan
4. Minutes of last AGM Mark Halliday, Chairperson
Proposed – Fiona, Seconded – Bill
5. Chairperson's Report Mark Halliday, Chairperson

It has been a pleasure and a privilege to serve as Chairperson of Penicuik Community First Responders for the past 8 years. I have been fortunate to work alongside a dedicated committee and a team of committed responders who continue to give so much of their time and energy to our community. I want to express my deepest gratitude to everyone who has supported me throughout this journey.

November this year will mark our 20th anniversary, a significant milestone and a moment for us all to reflect with pride on the difference PCFR has made in our community over two decades. We hope to arrange a suitable event to mark this occasion later in the year.

Over the past year, we (again, mostly Fiona) have trained an incredible 217 people. This is a phenomenal achievement, largely driven by Fiona and her team of volunteers. Fiona, thank you for your continued passion and professionalism in delivering these lifesaving courses. I know that we have already made a great start to further training in 2025!

While we've seen fewer active responders this year, we acknowledge the dynamic nature of volunteering, some responders have come and gone due to personal and professional commitments. Nevertheless, their contributions remain greatly appreciated.

In December, several responders were particularly proud to receive the King's Coronation Medals. These are a reflection on the commitment shown by many

volunteers and were awarded to several of our active responders, another well-deserved recognition of their service.

Our GoFundMe page continues to provide crucial support, helping us to maintain the existing 8 PCFR-funded Public Access Defibrillators (PADs) and to explore installation opportunities in new locations. We have received several donations throughout the year, which Fiona will talk us through in more detail shortly. Our PADs have been deployed 9 times throughout 2024 by the Scottish Ambulance Service to provide emergency intervention or standby in potential cardiac arrest scenarios.

Our official website, www.penicuikcfr.com, has generated interest and messages throughout the year and has been a great tool for recording our good news stories. We hope it becomes a valuable resource for the community.

Before I hand over to Yvonne, who will walk you through the figures for 2024, I want to extend a heartfelt thank you to all our responders and committee members. Your commitment, enthusiasm, and selflessness are what make PCFR such a vital part of our local emergency response system.

Here's to the continued growth and success of PCFR as we move into our third decade!

6. Coordinator's Report Yvonne Mitchell, Coordinator
Yvonne wished to make special mention of all the work Mark does both as the most prolific responder and all the things he does in the background e.g. ordering pads etc.
92 call outs this year, main categories chest pain and breathing difficulties.
Average response time 6 minutes – this is a minute longer than in previous years and this has been put down to the many road works in Penicuik.
Since its inception PCFRs have had 3441 call outs
7. Treasurer's Report Fiona Hall, Treasurer
8. Conclusion of the current management committee Maureen Sanford
Maureen thanked everyone for their hard work.

- | | | | |
|--|--------|-----------------|----------|
| 9. Formation of the new management committee | | Maureen Sanford | |
| New Committee | | | |
| | | Proposed | Seconded |
| Chair | Mark | Bill | Pam |
| Treasurer | Fiona | Sheena | Yvonne |
| Secretary | Sheena | Fiona | Mark |
| Coordinator | Yvonne | Bill | Sheena |

The rest of the committee is unchanged with the exception of Bryan Finlay who has not been able to attend meetings – Mark will contact Bryan to ascertain his intentions. The committee is currently full but should a space become available Gilbert would step in.

10. AOCB Date of next meeting 1st July 2025 6.45pm
Maureen explained that Beeslack are looking to put an Defib near the football pitches and we will look to support them in this endeavour.
Beeslack are holding an event on the 20th June – further information to follow.
11. Closing the AGM 20.06 Chairperson



Agenda for the Penicuik Community First Responders

4. Chairperson's Report

Mark Halliday, Chairperson



Annual Chairpersons Report

It's still, after 9 years, a privilege to serve as Chairperson of Penicuik Community First Responders. I have been fortunate to work alongside dedicated committee members and responders who give so much to our community. Thank you to everyone who has supported me, and each other, over the past 12 months.

November marked our 20th anniversary, a significant milestone, and gave us the opportunity to reflect on the impact PCFR has made over the past two decades. I'm sure we can all agree it was a fantastic night!

Unfortunately, we have a few members stepping away from the committee.

Alan Dickson, responder since 2011 and committee member for the 3 past years, has decided to step back. We would like to record our sincere thanks for everything Alan has contributed over the years. It has been an absolute pleasure having him as part of the team, and we wish him all the very best for the future.

Sheena Harper, co-founder, responder, committee member, and Secretary, has also decided it is time to step back from the role of Secretary with PCFR. Sheena has been a valued part of the group since its inception in 2005 and was key to the group's creation during 2004, some 21 years of involvement!! Sheena has played a variety of roles throughout the years and her dedication, guidance, and commitment cannot be underestimated, these qualities will be greatly missed. As long as I have the privilege of being Chairperson, we will always open every meeting on an odd minute! However, she's not getting away that easily! I'm delighted to say that Sheena's knowledge of PCFR's won't be lost as she has committed to remain on the committee to provide valuable feedback for the years to come.

Throughout 2025, PCFR has been fortunate to be involved in several SAS initiatives and pilot programmes. PCFR successfully piloted the new Volunteer Responder MIS app which, across the country, has resulted in a significant boost to community emergency response and paved the way for a Scotland-wide rollout. Running between November 2025 and February 2026, the pilot contributed to a 36% increase in volunteer responses nationally, enabling 786 more patients to receive vital assistance. The new app replaces the existing Airwave Data Only terminals used for volunteer dispatch, which is a very positive and welcome step forward for all CFRs and the SAS.



Annual Chairpersons Report

PCFR was also fortunate to have one of our responders, Mark Halliday, elected as a Volunteer Forum Member. The Forum was established to strengthen the volunteer voice across Scotland and ensure the day-to-day challenges of volunteering are reflected in SAS discussions, particularly regarding policy, systems, and future service models. The first nine months of the National Volunteer Forum have been very productive. From a standing start, they have introduced several key communication tools, identified and helped manage important issues for CFRs and CCRs, brought concerns to the attention of SAS, and resolved several matters, while continuing to work on other initiatives over the next 6 to 24 months. It's great to see PCFR being represented and recognised in such a positive way.

Over the past year, we have trained an impressive 163 people both within and out with our community, an outstanding achievement led largely by Fiona and her volunteer team. Thank you, Fiona, for your continued passion and professionalism. We have also made an excellent start to training in 2026, which we will cover in more detail later.

We now have 10 PCFR-funded Public Access Defibrillators, including two new units at Glencorse Care Home and Ladywood Leisure Centre (TBC), made possible largely through a substantial donation from Mrs Margaret Graham. Our PADs were deployed four times in 2025 by the Scottish Ambulance Service in emergency or potential cardiac arrest situations.

Finally, before handing over to Yvonne to present the 2025 figures, I'd like to thank all responders and committee members once again. Your commitment and dedication are what make PCFR such an important part of our local emergency response.

Here's to continued success as we move into our third decade.



Basic Life Support Courses Completed Throughout 2025



Venue	Date	Adults	Under 16 yr	Trainers
Penicuik Bowling Club	17 Jan 25	9		FH + SW
Cubs, Kirkhill Road	22 Jan 25	4	13	FH + RMM
Midlothian Swim Club	26 Jan 25	3	17	FH + CK (p11)
St Ninians Church	24 Mar 25	15		BL + MH + YM
Midlothian Neighbour Network	19 Mar 25	11		FH + MH + YM
St Giles Cathedral	26 Mar 25	12		FH + CK (1hr)
Brownies, North Kirk	29 Oct 25		30	FH + MH + YM
Vievello Random Cly Club	23 Nov 25	12		FH + CK
Beeslack Family Club	30 Nov 25	6		FH
Strathesk Primary 7	28 Nov 25	1	30	SC + FH

Total Trained throughout 2025 = 163!



Not really 2025 but needs to be noted! (fair bit of planning in 2025!)

What a fantastic achievement for PCFR's. We're proud to have trained 344 young people from Penicuik Athletic Youth Football Club across 12 Emergency Basic Life Support sessions, your enthusiasm and engagement were brilliant.

Thanks to this outstanding effort, every participant received a Scottish Ambulance Service GREATix award, an achievement to be proud of.

A sincere thank you to everyone who supported Fiona in delivering these sessions, your teamwork made it a real success.

And a special thanks to Fiona and Sam for the months of planning and coordination behind the scenes. Your dedication ensured everything ran smoothly and made a lasting impact.

Another great example of community making a difference, yet again.





PCFR Website News

www.penicuikcfr.com



Totally Swimming in Life Saving Knowledge

29/01/2025

Fiona, with help from our ex-First Responder Gilbert, had great delight delivering Emergency Basic Life Support training today to 17 (aged 11-14) Midlothian Swimming Club members.



Bowled over by the great training

17/01/2025

Many thanks to Fiona Hall and Sandy Wann, from Penicuik Community First Responders.



PCFR Website News

www.penicuikcfr.com



Neighbourhood Networks

19/03/2025

On Wednesday 19th March PCFR welcomed the Dalkeith and Penicuik members who joined forces and learnt some first aid from The Penicuik Community First Responders at the Penicuik rugby club. They guys were all given a certificate after completing a very enjoyable session. They all had a great time learning some life saving skills.



"Brownies Earn Extra Brownie Points Learning Life-Saving Skills!"

29/10/2025

This week, Penicuik Brownies members, aged between 7 and 10 years old, took their first steps towards becoming real-life superheroes! Penicuik Community First Responders (PCFR) visited the group to teach vital life-saving skills, and there was plenty of laughter, learning, and a few very large soft toys involved.



PCFR Website News

www.penicuikcfr.com



Two Wheels, One Mission: Saving Lives

25/11/2025

Back by popular demand, Fiona and Gilbert dusted off the resus manikins and delivered another Emergency Basic Life Support session to Edinburgh's ever-enthusiastic tandem cycling crew.



20th Year Celebrations!

07/11/2025

Mark Halliday (Chairman) said, "Can I just start by saying it's a real pleasure to celebrate a truly remarkable milestone, 20 years of Penicuik Community First Responders."



Penicuik Community
First Responders

Please Scan To Donate
To PCFR

PADs available to the public 24/7



PCFR PAD Information Tracker

	Location	Brand	Model	Device Serial Number	Pads Expire	Reg with The Circuit	AED Deployed By the SAS
1	CITIZENS ADVICE BUREAU, 14A JOHN STREET, PENICUIK	Laerdal Philips	HeartStart FRx	B17D-01604	15 May 2028	14 August 2019	06 September 2023
							11 January 2023
							30 July 2022
							24 March 2022
							04 December 2021
							24 November 2020
							20 July 2024
							01 August 2024
							03 December 2024
							10 December 2024
01 August 2025							
2	GLENCORSE GOLF CLUB, EDINBURGH ROAD, MILTON BRIDGE PENICUIK, EH26 ORD	Laerdal Philips	HeartStart FRx	B13G-01127	15 May 2028	14 August 2019	27 October 2022
							31 August 2024
3	PENICUIK RUGBY CLUB, PUBLIC PARK, PENICUIK, Midlothian, EH26 9BJ	Mindray	BeneHeart C1A	AF1-23031975	22 October 2026	14 August 2019	22 August 2022
							14 April 2021
							07 March 2020
							13 June 2024
4	CUIKEN PRIMARY SCHOOL- 150 CUIKEN TERRACE, PENICUIK, Midlothian, EH26 0AH	Laerdal Philips	HeartStart FRx	B16E-50885	15 May 2028	14 August 2019	18 September 2022
							02 April 2021
							29 November 2021
							08 October 2021
							31 May 2020
							13 December 2019
							25 September 2019
5	Shottstown Miners Club, 165 John Street, Penicuik, Midlothian, EH26 8AT	Laerdal Philips	HeartStart FRx	B08B-01459	15 May 2028	22 December 2019	23 February 2023
							23 December 2022
							29 November 2022
							11 September 2022
							06 March 2022
							19 January 2022
							01 November 2021
							07 July 2021
							02 May 2021
							24 March 2021
01 July 2024							
6	Ymca, Queensway, Penicuik, Midlothian, EH26 0JJ	Laerdal Philips	HeartStart FRx	B19J-00800	15 May 2028	16 October 2020	11 December 2023
							12 April 2022
							29 January 2022
							03 January 2021
02 March 2026							
7	The Glencorse Centre, 4 Firth Road, Penicuik, Midlothian, EH26 0QZ	Laerdal Philips	HeartStart FRx	B18H-03979	15 May 2028	05 March 2021	14 February 2025
							02 December 2025
8	60-62 Kirkhill Road, Kirkhill, Penicuik, Midlothian, EH26 8JF	Mindray	BeneHeart C1A	AF1-24040593	17 January 2027	29 November 2022	30 July 2023
							24 November 2024
							9th October 2024
9	Glencorse Care Home, Meikle Drive, Penicuik, Midlothian EH26 0FZ	Mindray	BeneHeart C1A	AF3-52053003	26 June 2030	02 March 2026	
10	Ladywood Leisure Centre, 14 Yarrow Court, Penicuik, Midlothian EH26 8HD						



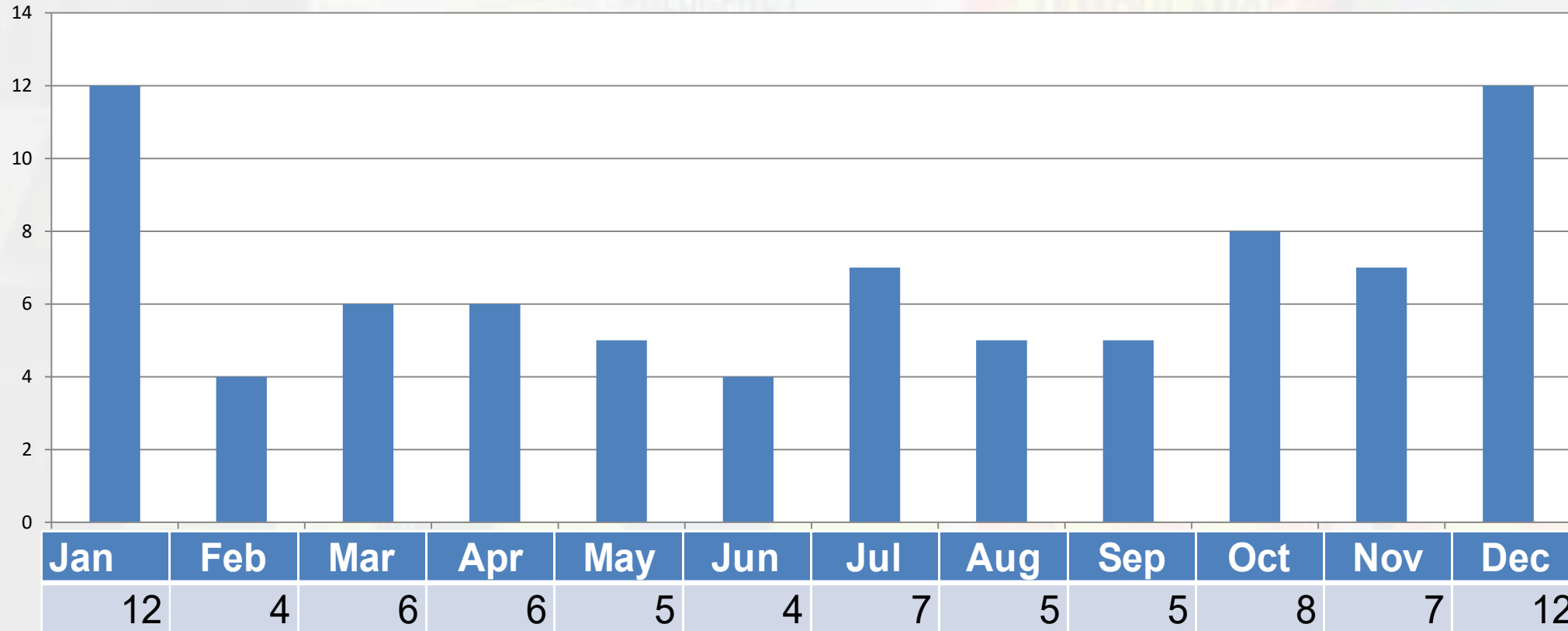
Agenda for the Penicuik Community First Responders Meeting

5. Coordinator's Report

Yvonne Mitchell, Coordinator



2025 Monthly Call Outs



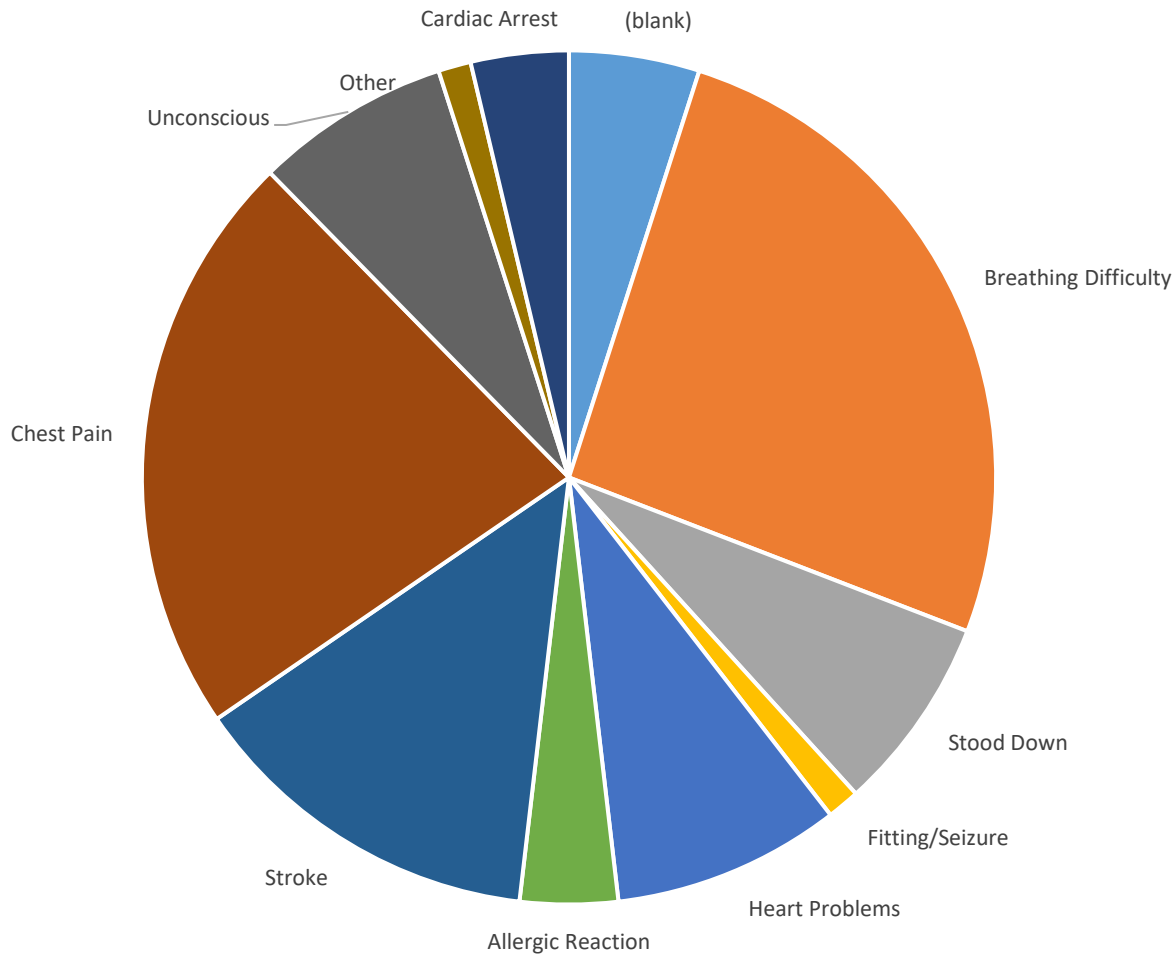
Total 81 Calls





2025 Calls by Type

Calls by Type 2025



Type of Call	Count
(blank)	4
Breathing Difficulty	21
Stood Down	6
Fitting/Seizure	1
Heart Problems	7
Allergic Reaction	3
Stroke	11
Chest Pain	18
Unconscious	6
Other	1
Grand Total	81





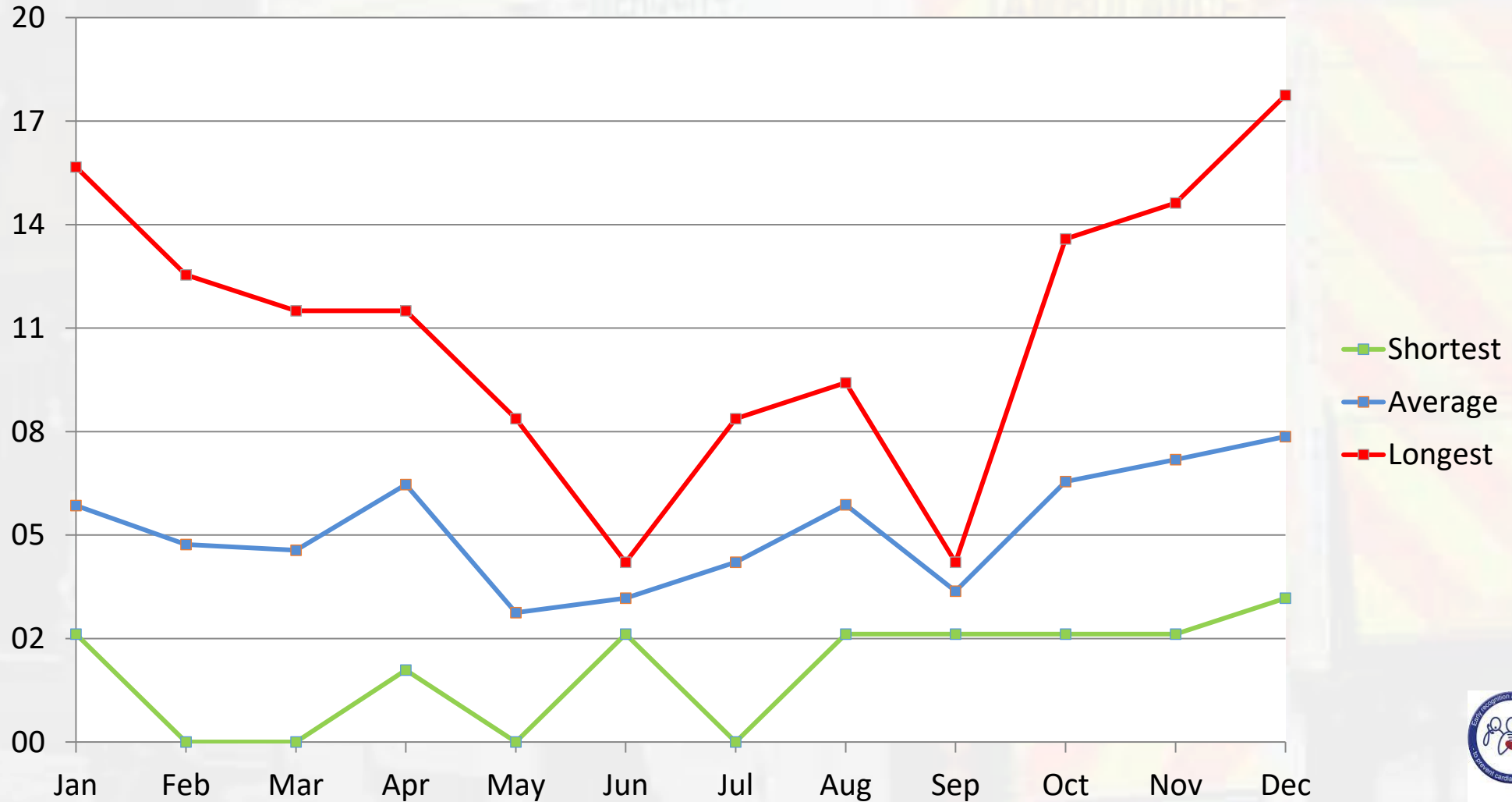
Calls By Type (Historic)

Call by type:	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2021	2022	2023	2024	2025
Abdo Pain					1		1				
Allergic Reaction					2						3
Breathing Difficulties	63	36	16	42	25	10	24	12	20	26	21
Cardiac Arrest	17	5	5	11	4	2	4	5	4	6	3
Chest Pain	72	45	22	59	29	7	19	21	17	30	18
Fitting/Seizures	10	10	2	5	4	2	2	2	3	6	1
Diabetic	10	1	0	1							
Heart Problems	4	5	2	4	4	2	1	2	1	3	7
Stroke	21	8	8	11	12	6	10	7	10	8	11
Choking	0	1	0	0					1	1	
Stood down	0	2	1	0		1		5	9	2	6
Unconscious	37	27	7	12	7	5	6	13	1	9	6
Other/Unknown	31	6	1	10	1		5	2	9	1	5



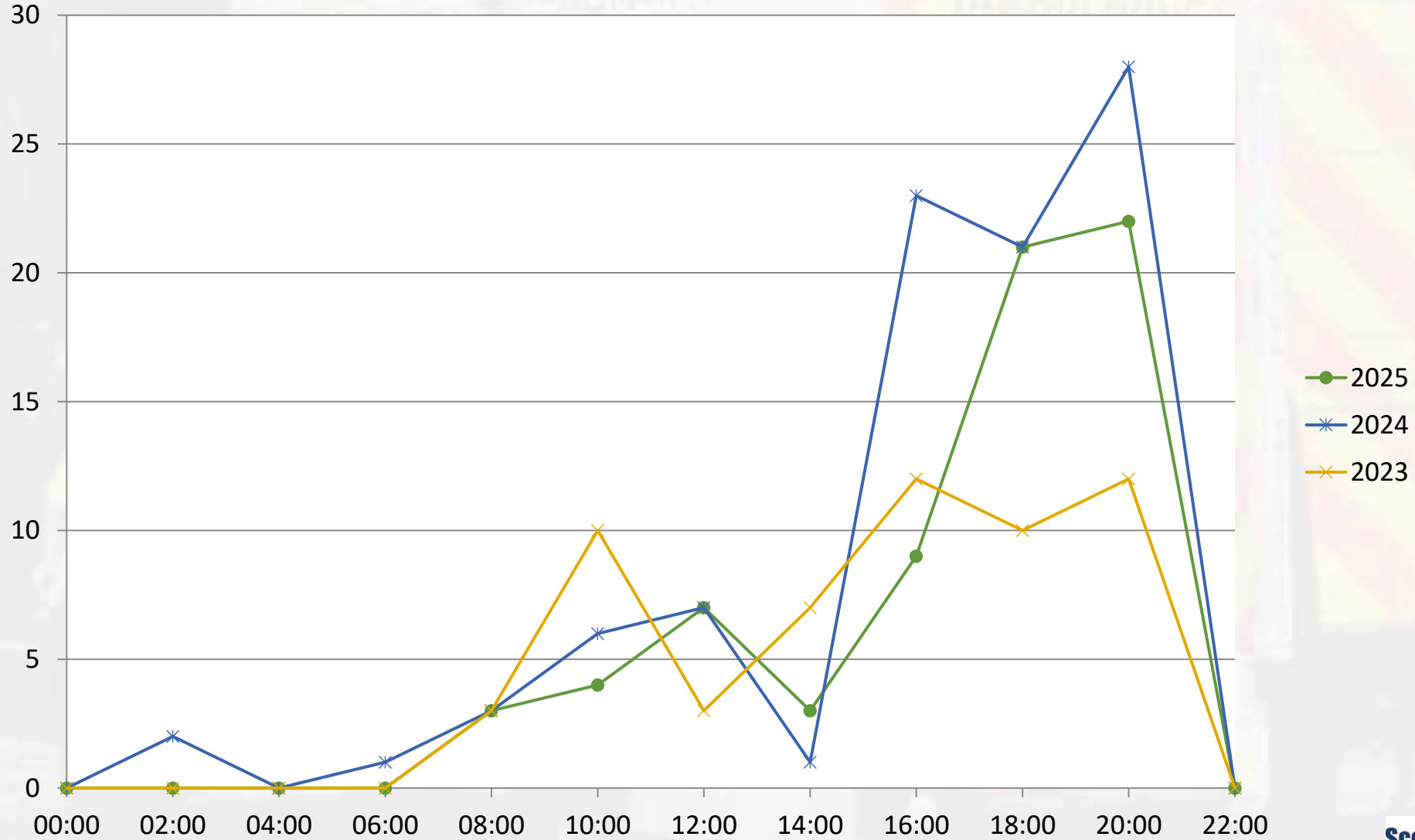


Response times 2025





Calls by time - last 3 years





Yearly Comparisons & Hours Covered 2025

Year	Call Outs	Average Response Times	Hours Covered (%)
2005/6	233	5.3	83
2006/7	296	5.04	88
2007/8	305	5.07	89
2008/9	265	5.27	81
2009/10	260	5.3	83
2010/11	318	5.23	81
2011/12	290	5.4	79
2012/13	205	5.6	57
2013/14	206	4.61	46.5
2014/15	265	4.77	58
2015/16	146	5	35
2016/17	65	4	24
2017/18	155	6	37
2018/19	89	5	22
2019/20	35	5	9
2021	72	4	20
2022	69	4	18
2023	75	4	22
2024	92	6	20
2025	81	5	20
Total number of call outs: 3522			

Month	Hrs In Month	Hrs Covered	% Covered
Jan	744	170	23%
Feb	696	148	21%
Mar	744	132	18%
Apr	720	142	20%
May	744	146	20%
Jun	720	124	17%
Jul	744	151	20%
Aug	744	193	26%
Sep	720	117	16%
Oct	744	168	23%
Nov	720	133	18%
Dec	744	140	19%
Total	8784	1767	20%





Agenda for the Penicuik Community First Responders Meetings

6. Treasurer's Report

Fiona Hall, Treasurer

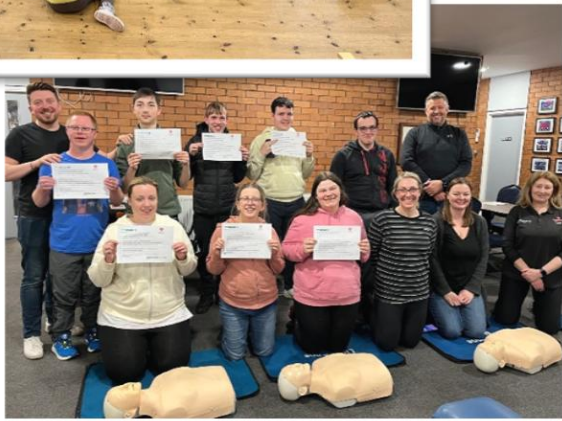


Agenda for the Penicuik Community First Responders Meeting

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| 8. Formation of the new management committee | Maureen Sanford, Beeslack CHS |
| 9. AOCB | |
| 10 Closing the AGM | New committee Chairperson |



Some photos From The Year





Some photos From The Year

